Christopher's Kitchen

EST. 2011

Thank you supporting our family owned organic plant based restaurant

STARTERS

SOUP OF THE DAY seasonally inspired cup 5/bowl 10 gf GAZPACHO chilled tomato soup, cucumber, avocado cup 5/bowl 10 gf nf MELON SOUP cantaloupe, cucumber, blueberry cup 5/bowl 10 gf nf MAC & CHEESE quinoa pasta, cashew cheese, sweet potato, pangrattato, brazil nut parmesan 16 gf

GRILLED ARTICHOKES served with cashew herb 16 gf

STACKED NACHOS black beans, onions, guacamole, cashew cheese, pico de gallo, mole, cilantro 18 gf S add pulled jackfruit +7

AVOCADO TOAST arugula, tomato, watermelon radish, olive oil, served on multigrain toast 14 nf

TACOS handmade raw tortilla, spicy walnut taco mix, lettuce, cabbage, pico de gallo, guacamole, cashew cheese, almond crunchies 10/18 gf S **SHISHITO PEPPERS** sautéed in chili garlic ponzu, cashew herb 12 gf S

HUMMUS tahini crema & schug served with za'atar grilled pita & crudités $16 \,$ gf $nf \,$ S

NYC ROLL avocado, kale, almond paté, cucumber, mango, sprouts, red peppers, spicy nyc sauce, almond crunchies, seaweed 20 gf S

AVOCADO GINGER ROLL arugula, avocado, mango, cucumber, carrot, pea shoots, cashew cheese, thai sauce, almond crunchies, seaweed 20 gf THAI WRAP mango, cucumber, carrots, cabbage, fresh herbs, red pepper, almond paté, wrapped in collard leaf, almond thai sauce 16 gf LETTUCE CUPS curry cauliflower, avocado, cabbage, herbs, jalapeno, fig chutney, habanero hot sauce, romaine 14 gf S

BBQ FLATBREAD Sloppy Slaw's bbq, mushrooms, jackfruit, jalapeno, harissa onions, ranch, cashew cheese $16~{\rm gf}~{\rm S}$

BLACK TRUFFLE FLATBREAD macadamia ricotta, mushrooms, harissa onions, black truffle aioli, truffle oil 16 gf

BUFFALO CAULIFLOWER FLATBREAD macadamia ricotta, buffalo sauce, cauliflower, onions, scallions, ranch 16 gf S

SALADS

add scoop of tuna salad + 6 / avocado + 4 / crab cake + 12

CAESAR romaine, brazil nut parmesan, cashew caesar dressing, house made croutons 15

SUPERFOOD mixed greens, arugula, sprouts, hemp seeds, avocado, seaweed, sunflower seeds, house dressing 18 gf nf

ASIAN NOODLE zucchini noodles, mango, carrot, cucumber, peppers, bok choy, almond crunchies, almond thai sauce, nyc sauce 18 gf S

FLORIDA CHOPPED kale, romaine, sprouts, cucumber, avocado, apple, cranberry, tomato, pumpkin seeds, bean mix, house dressing 17 gf nf

SANTA BARBARA romaine, arugula, beets, red pepper, tomato, dates, avocado, almond crunchies, orange poppy dressing 16 gf SOUP & SALAD side caesar salad, mixed greens, or citrus kale salad paired with a bowl of soup 15

SIDES

grilled broccoli + cashew herb 9 gf sweet potato wedges 7 gf nf citrus kale salad 7 gf nf avocado 4 / fresh fruit 6 extra dressings & sauces 2

HOUSE SPECIALTIES

FAJITAS corn tortillas, sautéed veggies, guacamole, lettuce, black beans, brown rice, cashew cheese, mole, pico de gallo 22 gf S

PAD THAI rice noodles, zucchini, mushrooms, broccoli, bok choy, onions, red peppers, cilantro, almond thai, spicy nyc sauce, sesame seeds 22 gf S

FETTUCCINE ALFREDO rice noodles, sauteed mushrooms, broccoli, spinach, cashew cheese, brazil nut parmesan 22 gf

CRAB CAKES hearts of palm, jackfruit, chick peas, red peppers, onions 24 gf

MUSHROOM BOLOGNESE cremini mushroom duxelle, garlic, marinara, wine, onions, brazil nut parmesan, rice noodles $22~{\rm gf}$

MACRO KALE BOWL kale, carrots, beets, chick peas, avocado, cucumber, sunflower sprouts, cashew cheese, citrus herb dressing, brown rice or quinoa 18 gf

POWER BOWL black beans, sautéed veggies, bok choy, carrots, chick peas, avocado, nyc sauce, teriyaki, cashew cheese brown rice or quinoa 18 gf S

COCONUT CURRY BOWL sweet potato, carrots, red peppers, chickpeas, apple, tomato, brown rice or quinoa 18 gf nf

MEXICAN GRAIN BOWL veggies, black beans, romaine, cabbage, guacamole, jalapeno, cashew cheese, pico de gallo, mole, chips, brown rice or quinoa 18 gf S

SANDWICHES

gluten free bread available upon request/served with side of coleslaw or mixed greens caesar salad or citrus kale salad +2 $\,$ grilled broccoli +3 mac & cheese or sweet potato wedges + 4

 ${\bf AVOCADO}\ {\bf romaine,\ tomato,\ cucumber,\ alfalfa\ sprouts,\ zucchini\ bacon,}$ pine nut spread, balsamic glaze, on multigrain or collard leaf 18

PESTO walnut pesto, arugula, cucumber, avocado, tomato, alfalfa sprouts, cashew cheese, balsamic glaze on multigrain or collard leaf 18

TUNA SALAD made with chick peas, apples, almonds, capers, dill with lettuce, tomato, cucumber, alfalfa sprouts, cashew cheese, multigrain or collard leaf 18 VEGGIE BURGER house made, cheddar, lettuce, tomato, onion, dill pickles, house sauce 22 gf nf

GOURMET PIZZA

gluten free crust available upon request

BUFFALO CAULIFLOWER macadamia ricotta, spicy buffalo sauce, cauliflower, roasted garlic, onions, scallions, ranch $24~\mathrm{S}$

MARGHERITA red sauce, cashew cheese, tomato, pesto, whipped macadamia ricotta, basil, chili flakes, olive oil, maldon salt 24 S

 $\begin{array}{l} \textbf{BIANCOVERDE} \ \ \text{macadamia ricotta, cherry tomatoes, onion, dates,} \\ \text{arugula + house dressing, chili flakes} \ \ 24 \ \ \text{S} \end{array}$

FARMERS MARKET red sauce, artichoke, broccoli, red peppers, onions, mushrooms, sundried tomato, olives, cashew cheese, brazil nut parmesan 24

 $\begin{tabular}{ll} \textbf{MUSHROOM TRUFFLE} & macadamia ricotta, mushroom medley, thyme, scallions, truffle oil 24 \\ \end{tabular}$

VEGGIE SAUSAGE red sauce, mushrooms, caramelized onions, jalapeno, cashew cheese, brazil nut parmesan, parsley 24 S
HAWAHAN BBQ Sloppy Slaw's bbq, jackfruit, onion, pineapple, macadamia ricotta, red peppers, mushrooms, cilantro, sesame seeds 24

gluten free - gf | nut free - nf | spicy - S

guest allergy warning - we cannot guarantee that guests with food or beverage allergies may not be exposed through cross contamination. If you have any food or beverage allergies we recommend that you do not dine with us. please understand that Christopher's Kitchen cannot be responsible for any injury, loss, or damage by an guest with a food or beverage allergy who consumes food or beverages

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SMOOTHIES

gluten free, dairy free & soy free add Vimergy booster + 1.50

BANANA ALMOND banana, almond butter, cinnamon,

coconut water, almond milk 12

MACA SMOOTH spinach, banana, maca, almond butter, coconut water, almond milk 12

SUPERFOOD banana, spirulina, maca, kale, protein, cacao nibs, almond butter, coconut water, almond milk 14

PROTEIN STAR mango, banana, cinnamon, hemp seeds, almond butter, protein, coconut nectar, coconut water 14

 ${\bf SWEET\ STRAWBERRY\ }\ {\bf strawberries,\ banana,\ coconut\ nectar,}$

almond milk, coconut water 12

MERAKI MOCHA espresso, banana, almond milk, almond butter, cacao, dates, protein, chocolate sauce 14

NUT FREE SMOOTHIES

HAWAIIAN pineapple, mango, banana, coconut nectar, orange juice 12

HEAVY METAL DETOX banana, wild blueberries, orange juice, coconut water, cilantro, Vimergy barley grass, spirulina, atlantic dulse 15

SWEET GREEN kale, cucumber, cilantro, parsley, ginger,

blended with pineapple, mango, coconut nectar $12\,$

LIVER RESCUE banana, pitaya, wild blueberries, mango, celery stalk, lime, coconut water 15

ICE CREAM SHAKES

our house made ice cream is made from cashews, coconut & agave

 $\begin{tabular}{ll} \textbf{COOKIES \& CREAM} & vanilla ice cream, cacao nibs, hemp seeds, coconut water, chocolate sauce 12 \\ \end{tabular}$

CHOCOLATE SUPREME chocolate ice cream, banana, almond butter, almond milk, chocolate sauce 12

CREAMY ICED COFFEE vanilla ice cream, cold brew coffee 12 STRAWBERRY HEAVEN vanilla ice cream, strawberry, almond milk 12

NUT MILKS

DECADENT cacao, almonds, coconut water, vanilla, dates, cinnamon 7.75 **DREAM** strawberry, almonds, dates, vanilla, cinnamon, sea salt 7.75

JAVA cold pressed coffee, almonds, dates, cinnamon, vanilla, sea salt 7.75

SATISFIED almonds, dates, cinnamon, vanilla, coconut water, sea salt 7.75

MOCKTAILS

BLUE CRUSH lemonade, blueberry, mint 11 GINGER SPRITZ ginger beer, lemonade, mint, cucumber 12 STRAWBERRY MOJITO mint, agave, lime, club soda 9 BLUEBERRY WINE organic blueberry, coconut water 14

BEVERAGES

ICED TEA organic jasmine green tea 3.95 BEAUTIFUL WATER bottled artisan water 2.50

SPARKLING WATER 8.50

NITRO COLD BREWED COFFEE 5.95

COFFEE french press 3.50

HERBAL TEA chamomile, peppermint, jasmine green, lemon ginger, detox 3.50

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HEALTH TONICS 2 oz

WELLNESS pineapple, ginger, turmeric, oregano oil, lemon, pepper 6.95 GINGER ginger, lemon, pineapple, cayenne 5.50

TURMERIC turmeric extract, ginger, pineapple, lemon juice, pepper 5.50 WHEATGRASS delivers oxygen, nutrients & balances pH levels 5.95

FRESH JUICES

made to order - juice modifications are politely declined

 $\textbf{BASIC GREEN} \ \text{kale, celery, cucumber, lemon} \ 12$

SUNRISE orange, beet, carrot, lemon, ginger, apple, served on ice 14

CARROT PUNCH carrot, apple, ginger 12

MAUI celery, cucumber, parsley, kale, lemon, apple, ginger 14

PINK APPLE beet, apple, lemon, ginger 14

REFRESH celery 14

SPICY DETOX kale, spinach, carrot, celery, cucumber, apple, parsley, lime, cayenne 14

BREAKFAST

Served All Day

SUNRISE ACAI BOWL 16 gf nf

blueberry, banana, strawberry, maple granola, goji berries, coconut flakes add almond butter +2, add coconut nectar +1

CACAO CRUNCH ACAI BOWL 16 gf nf

strawberry, banana, blueberry, maple granola, superfood mix, chocolate sauce, cacao nibs

add almond butter +2, add coconut nectar +1

PITAYA BOWL 17 gf nf

dragonfruit sorbet, mango, wild blueberries, strawberry, goji berries add almond butter +2, add granola +2, add coconut nectar +1

BAGEL & CREAM CHEESE 6 gf

plain, everything, or cinnamon raisin bagel, cashew cream cheese

CINNAMON ROLL 12 gf

served warm, with vanilla cashew cream, caramel & cinnamon sauce

BRUNCH

Served Saturday & Sunday from 11 am to 3 pm

Bottomless mimosas with fresh squeezed orange juice 18 Bottomless Aperol Spritz 22

WAFFLE 16 gf

belgian style, fresh fruit, vanilla cashew cream & maple syrup

CHICKEN & WAFFLES 21 gf S

crispy oyster mushrooms, nyc sauce, maple syrup, vanilla cashew cream

BREAKFAST SANDWICH 18 gf

breakfast sausage, egg, arugula, tomato, cheddar cheese, cashew cheese

- choice of breakfast potatoes, mixed greens, coles law, or fresh fruit +2 $\,$
- add avocado + 4 add zucchini bacon + 2

SOUTHWEST SCRAMBLE 20 gf S

sautéed sweet potatoes, zucchini, black beans, onions, peppers, kale, mushrooms, pico de gallo, cilantro, avocado, mole, cashew cheese - $add\ egg+3$

BRUNCH SAUTE 21 gf

sautéed peppers, onion, spinach, zucchini, mushrooms, veggie sausage, roasted potatoes, quinoa, avocado, pico de gallo, cashew cheese - $add\ egg+3$

BREAKFAST BURRITO 16 gf

potatoes, veggie sausage, egg, cashew cheese, scallions, pico de gallo

SIDES

fresh fruit 6 avocado 4 zucchini bacon 3 breakfast sausage 4 breakfast potatoes 6 sweet potato hash 6 egg 4